



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Ruth Cole**

**29th Annual SUMMER MOTION 10K/5K**

**43:24.1**

**July 2nd, 2022**

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54 out of 162 Finishers

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26 out of 46 Female participants	5 out of 7 Females in your age group
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