



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Russ Rucker**

**29th Annual SUMMER MOTION 10K/5K**

**33:25.9**

**July 2nd, 2022**

27 out of 162 Finishers

18 out of 36 Male participants

2 out of 2 Males in your age group