



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Mark Gaffney**

**FIT FEST 5K For The Ambrose Trail**

**30:45.1**

**September 10th, 2022**

---

17 out of 61 Finishers

---

14 out of 31 Male participants	2 out of 4 Males in your age group
--------------------------------	------------------------------------