



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

## **Carolyn Dillow**

**FIT FEST 5K For The Ambrose Trail**

**47:17.5**

**September 10th, 2022**

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49 out of 61 Finishers

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25 out of 30 Female participants	3 out of 4 Females in your age group
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