



# TriStateRacer.com

*Promoting Fitness and Raising Millions for Charity*

## Melinda Midkiff

**FIT FEST 5K For The Ambrose Trail**

# 52:30.6

**September 10th, 2022**

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56 out of 61 Finishers

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28 out of 30 Female participants	4 out of 4 Females in your age group
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