



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Lizellen Snyder**

**4th Annual GATE CITY LABOR DAY 5K By The Ashland  
Breakfast Kiwanis**

**44:16.8**

**September 1st, 2022**

43 out of 70 Finishers

19 out of 40 Female participants

2 out of 3 Females in your age group