



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Laura Rose**

**A Heart Like Ava 5K**

**1:04:24.0**

**November 12th, 2022**

69 out of 69 Finishers

45 out of 45 Female participants

13 out of 13 Females in your age group