



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Joseph Shuley**

**A Heart Like Ava 5K**

**49:25.3**

**November 12th, 2022**

41 out of 69 Finishers

18 out of 24 Male participants

3 out of 4 Males in your age group