



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Betty Stickler**

**A Heart Like Ava 5K**

**48:46.7**

**November 12th, 2022**

39 out of 69 Finishers

22 out of 45 Female participants

1 out of 6 Females in your age group