



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Jamie Swartzel**

**A Heart Like Ava 5K**

**1:03:10.9**

**November 12th, 2022**

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66 out of 69 Finishers

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43 out of 45 Female participants	12 out of 13 Females in your age group
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