



# TriStateRacer.com

*Promoting Fitness and Raising Millions for Charity*

## Tom Swartzel

**A Heart Like Ava 5K**

# 1:03:11.6

**November 12th, 2022**

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67 out of 69 Finishers

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24 out of 24 Male participants	4 out of 4 Males in your age group
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