



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Douglas Frost**

**PROACT RACE TOWARD RECOVERY**

**21:37.3**

**October 15th, 2022**

5 out of 35 Finishers

5 out of 18 Male participants

1 out of 5 Males in your age group