



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Lisa Meadows**

**Charleston Distance Run - 5K**

**40:39.8**

**September 3rd, 2022**

140 out of 223 Finishers

57 out of 110 Female participants

4 out of 11 Females in your age group