



# TriStateRacer.com

*Promoting Fitness and Raising Millions for Charity*

## Clay Arens

**Ready Set Glow 5K Run/Walk**

# 29:46.6

**October 22nd, 2022**

28 out of 71 Finishers

14 out of 28 Male participants

4 out of 5 Males in your age group