



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Heidi Wilt**

**Ready Set Glow 5K Run/Walk**

**36:16.3**

**October 22nd, 2022**

44 out of 71 Finishers

24 out of 43 Female participants

19 out of 28 Females in your age group