



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

## **Jonah Nolan**

**Region III-AA Cross Country Championships - HS Boys**

# **19:29.4**

**October 20th, 2022**

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17 out of 47 Finishers

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out of Male participants	17 out of 47 Males in your age group
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