



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Shepherd Smith**

**3rd Annual THAT DAM 5K**

**28:59.4**

**April 15th, 2023**

18 out of 58 Finishers

15 out of 28 Male participants

2 out of 3 Males in your age group