



# TriStateRacer.com

*Promoting Fitness and Raising Millions for Charity*

## Carol Bires

**Tunnel to Towers 5K Nelsonville**

# 55:01.7

**April 30th, 2023**

354 out of 447 Finishers

183 out of 242 Female participants

7 out of 10 Females in your age group