



# TriStateRacer.com

*Promoting Fitness and Raising Millions for Charity*

## Timmy Russell

**Tunnel to Towers 5K Nelsonville**

# 34:51.4

**April 30th, 2023**

127 out of 447 Finishers

70 out of 185 Male participants

8 out of 9 Males in your age group