



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Jay Warren**

**Tunnel to Towers 5K Nelsonville**

**55:46.7**

**April 30th, 2023**

382 out of 447 Finishers

171 out of 185 Male participants

10 out of 10 Males in your age group