



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

## Jared Flowers

**38th Annual OLD FASHION DAYS 5K**

**21:05.6**

**October 5th, 2023**

4 out of 80 Finishers

4 out of 36 Male participants

1 out of 1 Males in your age group