



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Marty Foley**

**38th Annual OLD FASHION DAYS 5K**

**54:31.6**

**October 5th, 2023**

78 out of 80 Finishers

43 out of 44 Female participants

7 out of 7 Females in your age group