



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**John Leistner**

**38th Annual OLD FASHION DAYS 5K**

**34:46.1**

**October 5th, 2023**

38 out of 80 Finishers

24 out of 36 Male participants

3 out of 3 Males in your age group