



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Shirley Bonnette**

**SuperHero 5k**

**35:29.9**

**April 15th, 2023**

48 out of 195 Finishers

21 out of 118 Female participants

1 out of 13 Females in your age group