



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Mark Deboard**

**7th Annual HAPPY FEET 5K**

**45:21.8**

**July 15th, 2023**

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56 out of 79 Finishers

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32 out of 37 Male participants	5 out of 5 Males in your age group
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