



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Jay Miller**

**22nd Annual IRONTON CLASSIC MEMORIAL DAY 5K**

**32:35.5**

**May 29th, 2023**

169 out of 289 Finishers

64 out of 145 Female participants

4 out of 5 Females in your age group