



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

## Shayna Foreman

Dolly Dash 5k

**31:24.5**

**August 12th, 2023**

24 out of 106 Finishers

9 out of 65 Female participants

3 out of 10 Females in your age group