



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Alayna Flynn**

**2nd Annual A MIDSUMMER KNIGHTS GLO 5K Presented By The  
Knights Of Columbus**

**26:22.8**

**August 4th, 2023**

29 out of 126 Finishers

10 out of 74 Female participants

2 out of 3 Females in your age group