



# TriStateRacer.com

*Promoting Fitness and Raising Millions for Charity*

## Lisa Bandy

**Marshall University Rainbow Run: HerdGlow 5k**

# 46:34.5

**April 14th, 2023**

45 out of 51 Finishers

28 out of 33 Female participants

4 out of 4 Females in your age group