



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Tim Sherman**

**White Gravel Mines Extreme 5K Adventure Run 2023**

**1:33:26.4**

**June 24th, 2023**

237 out of 271 Finishers

132 out of 146 Male participants

9 out of 10 Males in your age group