



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Ryan Wellman**

**White Gravel Mines Extreme 5K Adventure Run 2023**

**1:38:07.1**

**June 24th, 2023**

246 out of 271 Finishers

137 out of 146 Male participants

16 out of 17 Males in your age group