



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Gale Vance**

**I Run/Walk for Ukraine 5K**

**56:31.2**

**July 22nd, 2023**

55 out of 57 Finishers

21 out of 23 Female participants

5 out of 7 Females in your age group