



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

## Holly Knuckles

**5th Annual TOMCAT TROT 5K**

**48:23.9**

**November 4th, 2023**

55 out of 100 Finishers

34 out of 70 Female participants

7 out of 10 Females in your age group