



TriStateRacer.com
Promoting Fitness and Raising Millions for Charity

Fred Bledsoe

**Hershel "Woody" Williams VAMC Suicide Prevention and
Remembrance 5K Run/Walk**

47:35.3

September 9th, 2023

43 out of 58 Finishers

28 out of 33 Male participants

4 out of 5 Males in your age group