



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Vanessa Miller**

**Hershel "Woody" Williams VAMC Suicide Prevention and  
Remembrance 5K Run/Walk**

**38:20.5**

**September 9th, 2023**

32 out of 58 Finishers

11 out of 25 Female participants

3 out of 5 Females in your age group