



# TriStateRacer.com

*Promoting Fitness and Raising Millions for Charity*

## Joel Barthlow

**Hershel "Woody" Williams VAMC Suicide Prevention and  
Remembrance 5K Run/Walk**

# 38:46.5

## September 9th, 2023

34 out of 58 Finishers

23 out of 33 Male participants

1 out of 1 Males in your age group