



TriStateRacer.com
Promoting Fitness and Raising Millions for Charity

John Listner

**Hershel "Woody" Williams VAMC Suicide Prevention and
Remembrance 5K Run/Walk**

33:57.6

September 9th, 2023

26 out of 58 Finishers

17 out of 33 Male participants

3 out of 5 Males in your age group