



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Louise Karnes**

**12th Annual Maura Rae Kuhl AED Foundation 5K run/walk and 1  
Mile Walk \*\*GLOW RUN\*\***

**46:20.0**

**August 19th, 2023**

143 out of 149 Finishers

72 out of 77 Female participants

4 out of 4 Females in your age group