



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

## **Ayumi Meadows**

**12th Annual Maura Rae Kuhl AED Foundation 5K run/walk and 1  
Mile Walk \*\*GLOW RUN\*\***

**33:19.5**

**August 19th, 2023**

110 out of 149 Finishers

52 out of 77 Female participants

4 out of 5 Females in your age group