



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Toni Twisdale**

**12th Annual Maura Rae Kuhl AED Foundation 5K run/walk and 1  
Mile Walk \*\*GLOW RUN\*\***

**39:18.4**

**August 19th, 2023**

133 out of 149 Finishers

68 out of 77 Female participants

1 out of 1 Females in your age group