



# TriStateRacer.com

*Promoting Fitness and Raising Millions for Charity*

## Crystal Connard

**2023 RUSSELL TURKEY TROT 5K**

# 42:02.5

**November 23rd, 2023**

359 out of 476 Finishers

161 out of 236 Female participants

22 out of 25 Females in your age group