



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Timothy Gampp**

**2023 RUSSELL TURKEY TROT 5K**

**43:53.9**

**November 23rd, 2023**

372 out of 476 Finishers

198 out of 235 Male participants

17 out of 20 Males in your age group