



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Chris Gunning**

**2023 RUSSELL TURKEY TROT 5K**

**44:21.8**

**November 23rd, 2023**

376 out of 476 Finishers

197 out of 235 Male participants

16 out of 20 Males in your age group