



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Gabriel Limings**

**2023 RUSSELL TURKEY TROT 5K**

**29:11.9**

**November 23rd, 2023**

171 out of 476 Finishers

115 out of 235 Male participants

out of Males in your age group