



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Sophie Newell**

**2023 RUSSELL TURKEY TROT 5K**

**24:34.7**

**November 23rd, 2023**

83 out of 476 Finishers

18 out of 236 Female participants

1 out of 23 Females in your age group