



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Tommy Riedel**

**2023 RUSSELL TURKEY TROT 5K**

**40:14.3**

**November 23rd, 2023**

340 out of 476 Finishers

189 out of 235 Male participants

6 out of 9 Males in your age group