



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Amanda Woyan**

**2023 RUSSELL TURKEY TROT 5K**

**50:58.7**

**November 23rd, 2023**

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400 out of 476 Finishers

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208 out of 235 Male participants	12 out of 18 Males in your age group
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