



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Lucy Simpson**

**2023 RUSSELL TURKEY TROT 5K**

**28:40.3**

**November 23rd, 2023**

163 out of 476 Finishers

55 out of 236 Female participants

3 out of 23 Females in your age group