



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Chris Furst**

**2023 RUSSELL TURKEY TROT 5K**

**38:15.7**

**November 23rd, 2023**

322 out of 476 Finishers

183 out of 235 Male participants

10 out of 13 Males in your age group