



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Ian Sarver**

**2023 RUSSELL TURKEY TROT 5K**

**23:04.9**

**November 23rd, 2023**

52 out of 476 Finishers

43 out of 235 Male participants

13 out of 31 Males in your age group